

Movement Intelligence [MI] Certification — Training Hours

10/30/16

Participants	Basic Program	Advanced Study †	Other MI Program ††	Didactic Teacher Training	Certified TEACHER	Other MI Program ††	Trainer Training †††	Certified TRAINER
Bones for Life								
Non-BFL Graduates	60 [90 Processes]	60 [90 Processes]		30 + 24~Mentoring + 36~Practice Teaching ††††	210		30 + 20~Essay, Report or Presentation	260
Walk for Life								
Non-MI Graduates	48 [90 Processes]	48 [90 Processes]	20	24 + 10~Mentoring + 20~Practice Teaching ††††	170	20	30 + 20~Essay, Report or Presentation	240
BFL/Chairs/MIS Basic Program Graduates *	48	48		"	150	20	"	220
BFL/Chairs/MIS Teachers/Mentors	48	48		24	120		"	120
BFL/Chairs/MIS Trainers	48			24	72			72
Chairs								
Non-MI Graduates	32 [60 Processes]	32 [60 Processes]	20	24 + 10~Mentoring + 20~Practice Teaching ††††	138	20	30 + 20~Essay, Report or Presentation	208
BFL/WFL/MIS Basic Program Graduates *	32	32		"	118	20	"	188
BFL/WFL/MIS Teachers/Mentors	32	32		24	88		"	138
BFL/WFL/MIS Trainers	32			24	56			56

Participants	Basic Program	Other MI Program ††	Didactic Mentor Training	Certified MENTOR	Other MI Program ††	Trainer Training †††	Certified TRAINER
Mindful Eating							
Non-MI Graduates	24	20	12 + 24~Mentoring	80	20	30 + 20~Essay, Report or Presentation	130
MI Basic Program Graduates **	24		"	60		"	110
BFL/Chairs/WFL/MIS Teachers/Mentors	24		"	48		"	110
BFL/Chairs/WFL/MIS Trainers	24		12	36			36

MI SPECIALIST 424

Movement Intelligence Solutions for Optimal Mobility (MIS)								
Non-MI Graduates	72	20	36 + 72~Mentoring	200	20	30+ 20~Essay, Report or Presentation	270	
BFL/WFL/Chairs Teacher/ME Mentor	72		"	180		"	250	
BFL Trainer ***	72		36 + 36~Mentoring	144			144	
WFL/Chairs/ME Trainer	72		"	144			144	
MI Specialist ****	72		"	144			144	568
Senior Trainer *****	72		"	144			144	598

* BFL/Chairs/WFL Basic Program Graduates have completed the Basic Program

** MI Basic Program Graduates have attended WFL, Chairs, and/or the MIS Basic Program

BFL Trainers graduated prior to 2012 are grandfathered as having completed the MIS Basic Program Part 1 after reviewing Part 1 via DVD and submitting a 10~30 page paper (written, audio and/or video) to be archived and shared with colleagues online in the Members Area of the FMI website and on the MovementIntelligence.com website. They can certify MIS Mentors after completing the MIS Basic Program Part 2 and the Didactic.

*** An MI Specialist is a Trainer in all Movement Intelligence programs; can certify BFL/WFL/Chairs Teachers, ME Mentors, and MIS Mentors after completing the MIS Basic Program, and the Didactic

**** A Senior Trainer has certified Teachers, attended a 30-hour Senior Trainer Training, and submitted a Trainer essay (written, audio and/or video). Senior Trainers can certify Teachers, Mentors, and Trainers in any programs for which they have obtained Trainer status.

† Needs to be taken with a Certified Trainer; can be completed with DVDs and/or extra Mentoring pending approval from Trainer and Country Director (in North America, the FMI Certification Committee)

†† BFL, WFL, Chairs and/or MIS

††† Taught by a Senior Trainer

†††† Teacher certification can be taught in an Integrated Training

Please Note: As of 2016, "Pioneer" status will no longer be recognized