



**From years of mastery and a profound base of knowledge and skill,
Viana works organically based on the intelligence in the room.**

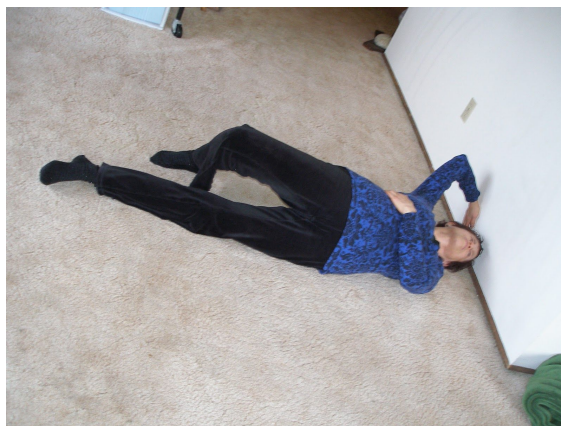
**Come learn how to feel your own resonance and move with self awareness and
less pain.**

Viana is offering two 6 week class series at the Movement Intelligence Studio.

Where: 419 Queen Anne Ave. N. Suite B3 Seattle. WA 98109

When: Fridays starting Oct. 12th from 12:30 to 2:30 or 4:30 to 6:30 PM

How much: \$30.00 per class for the series \$35.00 as a drop in.



**To learn more Register online at viana-motion.com
or contact Viana at **206 799 1052****